

WHEAT FREE RESOURCES

Authentic Foods <http://www.authenticfoods.com/>

Bob's Red Mill: <http://www.bobsredmill.com/>

Cybros, Inc.: <http://www.cybrosinc.com/>

Dietary Specialties: <http://www.dietspec.com/>

Ener-G Foods, Inc: <http://www.ener-g.com/>

Enjoy Life Foods: <http://www.enjoylifefoods.com/> (I notice they have a section for Practitioners)

Gluten-Free Pantry: <http://www.glutenfree.com/home.aspx?CategoryCode=42>

Gluten Free Mall: <http://www.glutenfreemall.com/> (a variety of vendors)

Gluten-Free Trading Co: <http://www.food4celiacs.com/ShopOnline/index.html>

Gluten Solutions, Inc.: <http://www.glutensolutions.com/>

Glutino.com: <http://www.glutino.com/english/index.cfm> (very nice quality, in my experience)

King Arthur Flours: <http://www.kingarthurfLOUR.com/shop/landing.jsp?go=Home> (NOT all gluten free)

Kinnikinnick Foods: <http://www.kinnikinnick.com/>

Living Without (a magazine for those w/food intolerances): <http://www.livingwithout.com/welcome.htm>

Miss Roben's (Allergy Grocer): <http://www.missroben.com/> (for many allergies, not just gluten)

Montina (Amazing Grains): <http://www.montina.com/>

Pamela's Products: <http://www.pamelasproducts.com/>

Savory Palate, Inc. (this is the author's site): <http://www.savorypalate.com/>

Sylvan Border Farm: <http://www.sylvanborderfarm.com/>

And I just found this online: <http://www.wheatlessinseattle.org/> A gluten-free bakery on Greenwood Ave!